

PRAYER MENU

VIEW THE FOLLOWING AS A MENU THAT WILL HELP ENFORCE THE SPIRITUAL PILLAR.

CHOOSE WHAT YOU NEED TO STRENGTHEN YOU THIS WEEK.

ALLOW THIS TO BECOME A DAILY NECESSITY AND YOU WILL RARELY MISS AN APPOINTMENT.



#1: WORSHIP

Worship invites God into the room.
Worship is one of God's love languages.

But each day the Lord pours his unfailing love upon me, and through each night I sing his songs, praying to God who gives me life. **Psalms 42:8**



Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. **Psalms 100:4**



We've curated two worship playlists to help you get started if needed.

>> gatewaylife.com/resilient, *Spiritual Pillar resources*



#2: CONFESS

Unconfessed sin is the elephant in the room, and it isn't sitting in the corner. It's in the way. Any sin you hide, you have to hold onto. Any sin you hold onto will always hold you back. Confession also includes heaviness of heart and emotions that may be in the way.

If I had not confessed the sin in my heart, the Lord would not have listened. But God did listen! He paid attention to my prayer. **Psalms 66:18-19**

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. **1 John 1:9**



#3: READ

The more we value His Word, the more he will share his voice. The purpose of our reading is to have an encounter with Jesus and to see what He is like.

Open my eyes to see the wonderful truths in your instructions. **Psalms 119:18**

For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. **Hebrews 4:12**



#4:PRAY

Allow prayer to be an intimate exchange between you and Him.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. **Philippians 4:6**

When you pray, don't be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them. I tell you the truth, that is all the reward they will ever get. But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you. **Matthew 6:5-6**



#5:LISTEN

If we're going to have the boldness to ask God a question, we need to have the patience to let him respond. As beautiful as us speaking to God is; things change when I allow God to talk to me. When He speaks universes are made thus the call to listen compels me!

Ask me and I will tell you remarkable secrets you do not know about things to come. **Jeremiah 33:3**

So then faith comes by hearing, and hearing by the word of God. **Romans 10:17**



#6:RESPOND

God loves for you to receive his voice. He loves even more to receive your response. Spend time with God - "Thank you's" are great; "I love you's" are better.

My heart has heard you say, "Come and talk with me." And my heart responds, "Lord, I am coming." **Psalms 27:8**